

Building Brain Awareness (BBA) To Help Support Brain Injury Recovery

The goal of the BBA series is to promote thinking about what may have been "injured" in one's self or in another person, as a result of injury to the brain.

Clinicians and researchers present on brain systems and process, or on the unique nature of therapies that target brain injury problems.

We believe that learning about such details can help facilitate more understanding of the invisible brain injury problems.

We invite everyone to attend to help deepen discussion about brain injury, to promote curiosity of our problems, and to foster a better likelihood of recovery and supports for more people.

Past BBA presentations available on YouTube:

<https://www.youtube.com/channel/UC9-V8uw1FkiTs44X5Q3kejA/videos>

Check this flyer for times, dates, topics, and links to information on the speakers.

Each presentation is set for 20-25 minutes followed by 10-15 minutes for questions.

Register for this online seminar here:

<https://us06web.zoom.us/meeting/register/tZYscuqorT4pGdwUxNhYp3HyqWQAMuZw3oQZ>

Need help with registration or have questions?
contact: bbahelp123@gmail.com

Friday, October 21, 2022, 12:00 p.m. PT

Daniel Avesar, PhD.



Brain injury survivor, neuroscientist, creator of the Experiencing My Brain podcast, and of this BBA series, Dr. Avesar will kick off the presentations sharing his

thoughts and opinions about the National Academies of Sciences report: "Traumatic Brain Injury: A Roadmap for Accelerating Progress." Take a look at the full report here:

<https://nap.nationalacademies.org/read/25394/chapter/1>

Link to the Experiencing My Brain podcast:

<https://open.spotify.com/show/6mPafQrCD1XFb7hsKIVgY6>

Thursday, November 10, 2022, 11:00 a.m. PT

Michael LaTour, Associate Director, and Kristen Knight, Programs Manager/Lead Exercise Therapist from Pushing Boundaries, a non-profit organization, will share about their therapy programs designed to help patients with neurological movement disorders, including brain and spinal cord injuries to regain movement, skeletal muscle function, strength, and independence.

<https://www.pushing-boundaries.org/>



Thursday, February 2, 2023, 12:00 pm PT (3:00 pm ET)

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Thursday April 27, 2023, 12:00 p.m. PT (3:00 p.m. ET)



Dawn Neuman, PhD
FACRM, Associate Professor,
Indiana University School of Medicine,
Physical Medicine and Rehabilitation Dept

In the first of two presentations, Dr. Neuman will address alexithymia (poor emotional processing and recognition) including what is known about this condition when it occurs with brain injury and what treatments may be available.

<https://www.brainline.org/video/alexithymia-aspects>

In the second presentation, Dr. Neuman, will address "Negative Attribution Bias" with brain injury.

<https://www.brainline.org/video/negative-attribution-interventions>

Thursday March 2, 2023, 10:30 a.m. to 12:00 p.m. PT
Focus on "Brain Injury Support"

In honor of Brain Injury Awareness Month, BBA will host two seminars on brain injury support.

10:30 a.m. PT (11:30 a.m. MT). First, co-founders of Brainstorm For Brain Injury, TyAnne Middleton and Dr. Judy Gooch, MD, will address the practices their organization uses to connect brain injury survivors with the right resources and support.

<https://www.brainstormforbraininjury.com/index.html>



11:15 a.m. PT (7:15 p.m. BST)

In the second talk, Dr. Bateman will present his research on advancing brain injury recovery, support, and rehabilitation.



Andrew Bateman, PhD
Professor and Director NIHR Research Design Service
School of Health and Social Care
University of Essex

<https://www.essex.ac.uk/people/batem29808/andrew-bateman>

Thursday, May 4, 2023, 11:00 a.m. PT

Nickolas A. Dasher, PhD, ABPP
Board Certified Clinical Neuropsychologist,
UW Medicine, Assistant Professor,
Department of Rehabilitation Medicine



Dr. Dasher will address the fatigue associated with brain injury including what is known about the causes and methods for managing the fatigue.

<https://www.uwmedicine.org/bios/nickolas-dasher>

**Thursday, May 25 2023, 10:00 a.m. PT
(11:00 MT)**

Karen McAvoy, PsyD
Licensed Clinical and School
Psychologist
Get Schooled on Concussions and COVID

Dr. McAvoy has helped brain injury survivors with cognitive rehabilitation for over 30 years. She will speak about the unique stages she has observed

as her patients restore their cognition, including a close look at the discrepancy between what brain injury survivors deal with compared with what outsiders think is occurring.

www.GetSchooledOnConcussions.com
www.REAPconcussion.com

**Dates and times for the 2022, 2023
BBA seminars (Pacific Time)**

- Friday, October 21, 2022, 12:00 p.m.
- Thursday, November 10, 2022, 11:00 a.m.
- Thursday, February 2, 2023, 12:00 pm
- Thursday March 2, 2023, 10:30 a.m. & 11:15 a.m.
- Thursday April 27, 2023, 12:00 p.m.
- Thursday, May 4, 2023, 11:00 a.m.
- Thursday, May 25 2023, 10:00 a.m.

Register for the BBA seminar series here:

<https://us06web.zoom.us/meeting/register/tZYscuqorT4pGdwUxNhYp3HyqWQAMuZw3oQZ>

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